

Tae Guk 2 - Yi Jong

1. Turn left, left walking stance, left low block.
2. Step forward, right front stance, right body punch
3. Turn all the way behind into a right walking stance, right low block.
4. Step forward, left front stance, left body punch.
5. Turn left, left walking stance, right hammer block.
6. Step forward, right walking stance, left hammer block.
7. Turn left, left walking stance, left low block.
8. Right front kick, land into right front stance, right face punch.
9. Turn all the way behind, right walking stance, right low block.
10. Left front kick, land into left front stance, left face punch.
11. Turn left, left walking stance, left high block.
12. Step forward, right walking stance, right high block.
13. Turn 270 degrees to the left (three walls), left walking stance, right hammer block.
14. Turn all the way behind, right walking stance, left hammer block.
15. Turn left, left walking stance, left low block.
16. Right front kick, land into right walking stance, right body punch.
17. Left front kick, land into left walking stance, left body punch.
18. Right front kick, land into right walking stance, right body punch. ***KIHAP***