

Toi Gye

The great Confucian scholar who lived during the Lee dynasty.
There are 31 movements in the form and the Kihap points are at 17 and 31.

1. Turn left into a left back stance, left inner forearm block.
2. Pivot into a left front stance and perform a right groin spear as you protect your body with a left palm block.
3. Come back to the center into a relaxed stance and perform a left low block and right back fist at the same time.
4. Turn right into a right back stance, right inner forearm block.
5. Pivot into a right front stance and perform a left groin spear as you protect your body with a right palm block.
6. Come back to the center into a relaxed stance and perform a right low block and left back fist at the same time.
7. Step into a left front stance, perform a low "X" block, double face combination.
8. Right front kick, land into a right front stance, double punch starting with the right foot.
9. Bring left foot up to center, turn left and bring hands up to hip.
10. Step forward with right foot into a right horse riding stance, right mountain block.
11. Step forward with left foot into a left horse riding stance, left mountain block.
12. Keep right foot in place, turn right and step forward with left leg, going in the other direction, into a left horse riding stance, left mountain block.
13. Step forward with right foot into a right horse riding stance, right mountain block.
14. Step forward with the left foot into a left horse riding stance, left mountain block.
15. Keep right foot in place, turn right and step forward with the left leg into a left horse riding stance, left mountain block.
16. Step into left back stance, double guarding block.
17. Pivot into a left front stance, grab opponents head, right knee smash. **Kihap**
18. Turn counterclockwise all the way behind into a left back stance, double knife hand block.
19. Left lead leg front kick, land into a left front stance, left face poke.
20. Step forward into a right back stance, double knife hand block.
21. Right lead leg front kick, land into right front stance, right face poke.
22. Step back with right leg into a left back stance, left low block, right back fist.
23. Skip forward into a right "X" stance, low "X" block.
24. Step forward into a right front stance, right push block.
25. Turn three walls to the left into left back stance, double low knife hand block.
26. Pivot into a left front stance, right scoop block.
27. Bring left foot back to center, turn open belt side behind into a right back stance, double low knife hand block.
28. Pivot into a right front stance, left scoop block.
29. Without moving feet, turn left and pivot into a left front stance, right scoop block.
30. Without moving feet, turn right and pivot into a right front stance, left scoop block.
31. Turn left, step up with the right foot into a horse riding stance, right body smash. **Kihap**