



# Children's Requirements Through Black Belt

|  | Rank              | Form  | Self Defense  | Breaks  | Minimum Time to Reach |
|--|-------------------|---|---|---|-----------------------|
|  | White             | Ki Choy Hung  |   | None  |                       |
|  | Yellow            | Chun Ji   |   | Choice  | 3                     |
|  | Orange            | Tae Guk 1   |   | Axe   | 6                     |
|  | Adv. Orange       | Dan Gun   |   | Side Kick   | 9                     |
|  | Green             | Tae Guk 2   |   | Front Kick  | 1 year                |
|  | Adv. Green        | Tae Guk 3   |   | Spin Back   | 3                     |
|  | Blue              | Do San  | 4 Direction   | Any Hand Technique  | 6                     |
|  | Adv. Blue         | Tae Guk 4   | A1 & A2   | Any Elbow   | 9                     |
|  | Purple            | Tae Guk 5   | A3 - A5   | Any Jump Kick   | 2 year                |
|  | Adv. Purple       | Won Hyo   | A6 & A7   | Flying Side Kick  | 3                     |
|  | Red               | Tae Guk 6<br>Yul Guk  | A8 - A10  | Roundhouse  | 6                     |
|  | Adv. Red          | Tae Guk 7<br>Jun Gun  | A11 & A12   | Spin Hook   | 9                     |
|  | Brown             | Tae Guk 8<br>Toi Gye  | A13 - A15   | Any 2 Board<br>Power Break  | 3 year                |
|  | Adv. Brown        | Hwa Rang<br>Choong Mo   | A16 - A20   | Any Speed Break   | 3                     |
|  | Recommended Black | All 8 Tae Guk<br>All 9 ITF<br>1 Creative  | Creative<br>5 Total<br>Min. - 1 Kick,<br>2 Punch, 1 Other<br>Attack | <b>5 Boards, Max. 4 Stations</b><br>1 Kick, 1 Hand Technique<br>1 Combination | 6                     |
|  | Black             | Minimum Age for Junior Black Belt = 13 Years Old<br>Minimum age for Black Belt = 16 years Old<br>(Full Black Belt Requires all of Adult Requirements) |   |   | 4 Years               |